



# KINGSTON COMMUNITY SCHOOL

## SUN SAFE PROCEDURES

The following procedures are to be undertaken in Term 1, 3 and 4 and when the UV is 3 and above in Term 2. The school community is encouraged to access the daily sun protection times to assist with the implementation of this procedure. This policy is reviewed regularly in conjunction with the Cancer Council of SA so it is current and relevant

### Procedures

1. A broad brimmed hat, legionnaire hat or bucket hat is required to be worn by all students in Term 1, 3 and Term 4 for recess, lunchtime and activities such as sports practice, outside lessons and excursions.
2. Students who do not comply with the hat rules during recess and lunch will be placed in a designated shaded area in the library or amphitheatre for the remainder of the break.
3. Students are encouraged to bring their own personal supply of SPF 30 or higher, broad spectrum, water resistant sunscreen from home. Students are actively reminded to apply sunscreen 20 minutes before going outdoors and reapply every 2 hours when outdoors. NOTE: SPF 30 or higher, broad spectrum, water resistant sunscreen is available to students at special events such as sports day, swimming carnivals, excursions and camps
4. Where possible outdoor activities are conducted earlier in the day or indoors so as to avoid the peak UV times and shade should be considered when planning outdoor activities. A combination of sun protection measures are considered when planning outdoor events e.g. camps, swimming carnivals, sports days etc.
5. Outdoor activities that will run for an extended time (2 hours or more) will be cancelled or postponed during extreme weather. Activities will be cancelled when the predicted temperature for the day is 35° or above according to the Bureau of Meteorology on the day of the activity. [www.bom.gov.au/sa/forecast](http://www.bom.gov.au/sa/forecast) . Major events will be based on the predicted temperature 48 hours prior to the event.
6. Students are to adhere to the school uniform policy. Appropriate sun protection clothing is included in the school uniform. Clothing is made of a closely woven fabric including tops with collars. Rash tops or t-shirts are recommended for swimming lessons.
7. For Work Health and Safety, staff are required and parents are encouraged to role model sun protection including wearing sun protective hats, clothing, sunscreen, sunglasses and seeking shade when involved in outdoor activities at the school.
8. The sun safe procedures are communicated and positively reinforced to all staff, all students and all families via newsletters, handbooks, assemblies, sports days, swimming carnivals and other means.
9. Sun protection and skin cancer education is included in the PE/Health curriculum.